## The Mountain Challenge

## Challenge \#1

Can you get to the top of the mountain? In order to get there, you must do each exercise 3 times!

Challenge \#2
Now it's time to create your own mountain challenge!

Fill in all of the blanks with a different exercise. Then do each 3 times to reach the top!

40 Mountain Climbers

50 Jumping Jacks

## 30 Side to Side Jumps

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